## **OFFICIAL VISITOR'S GUIDE**





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# MAPS HIKING DINING THINGS TO DO PLACES TO STAY

explorecanmore.ca



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FEEL AT HOME... IN THE HEART OF CANMORE Just a 10 minute walk to Main Street

## Welcome to Canmore and Kananaskis

Magnificent scenery. World-class mountain sports. Vibrant arts and culture. And dining you wouldn't expect to find in a small town. You'll fall in love with the heart and soul of this one-of-akind mountain lifestyle.

Start exploring.

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## **Let's Connect**

We love to know what you are up to while visiting Canmore and Kananaskis. Please share your photos with us!

@canmorekananaskis
 @canmorekananaskis
 @tourismcanmore

1 (855) 678-1295 localexpert@explorecanmore.ca

explorecanmore.ca



## **Getting Here**

You'll find us happily located on the eastern slopes of the Canadian Rockies! Canmore is located 105 kilometres (65 miles) west of Calgary, Alberta. Kananaskis is located 80 kilometres (50 miles) west of Calgary, Alberta.

The drive from Calgary International Airport takes slightly over an hour. You'll be here before you know it.

#### **Driving Times to Canmore**

Calgary	60 minutes
Kananaskis	40 minutes
Banff	20 minutes
Lake Louise	🔇 60 minutes
Jasper	4 hours
Edmonton	🕚 3.75 hours

### **Getting Around**

One of the best things about being in a small mountain town is that it's so easy to leave your car behind and get around on foot, by bus, or of course bike.

Did you know that Canmore has over 80 kms of pathways to explore? Peter Lougheed Park in Kananaskis has a 12 km paved trail that passes through numerous campgrounds.

#### Explore on foot or bike

Canmore and Kananaskis offer an extensive network of multi-use trails extending throughout the town of Canmore and beyond to surrounding recreation areas and municipalities.

#### Take FREE Public Transit in Canmore

Canmore's local public transit service is your ticket to easy exploration, and it's FREE.

Hop on **Route 5** from almost any hotel in Canmore and ride throughout the town on one of Roam Transit's environmentally friendly hybrid buses at no cost. Jump aboard and enjoy the views!

a Rate & estin

Visit, roamtransit.com for transit schedules.

## **Visitor Information**

#### **Travel Alberta Information Centre**

2801 Bow Valley Trail, Canmore 1 (855) 678-1295 ext. 0

#### Kananaskis Information Centre

Highway 40, Kananaskis (403) 678-0760

#### Peter Lougheed Discovery Centre

Kananaskis Lakes Trail, Kananaskis (403) 678-0760

### **Necessities & Amenities**

#### **Public Washrooms**

- Roam Bus Stop, 9077 Ave., Canmore
- Civic Centre, 902 7 Ave., Canmore
- Travel Alberta Visitor's Centre, 2801 Bow Valley Trail, Canmore
- Kananaskis Visitor Information Centre, Highway 40, Kananaskis
- Peter Lougheed Park Discovery Centre, Kananaskis Lakes Trail, Kananaskis

#### **Off Leash Dog Parks**

- Cougar Creek/Highway 1A Dog Park
- Elk Run Dog Park

#### **Coworking Space**

#### e=mc2

1080 Railway Ave., Canmore emc2services.ca

## Who to Contact

**Emergency** Fire/Police/Ambulance: 911

Kananaskis Emergency Services (403) 591-7767

Road Conditions Call #511 511.alberta.ca

### Kananaskis Parks Info

A Kananaskis Conservation Pass needs to be purchased when recreating in Kananaskis Country. Passes can be purchased at **albertaparks.ca** or in Kananaskis visitor centres.

Day Pass: \$15.00 | Annual Pass: \$90.00

Avalanche Reports avalanche.ca

Kananaskis Trail Reports (403) 678-0760

Wildlife Closures wildsmart.ca

**Report Wildlife Sightings** (403) 591-7755

**Report a Wildfire** 310-FIRE (3473)



## ROCKY MOUNTAIN MUST-DOS

Are you sure you booked enough time off work? Whether you're climbing the mountains or just looking up at them, we've got as many things to do as your legs can handle.

PICK UP THIS GUIDE AND START YOUR CANMORE KANANASKIS ADVENTURE!

## SUMMER ADVENTURES

- 🔲 SPOT A MOOSE ON THE SMITH DORRIEN HIGHWAY
- GOLF AT ONE OF THE FIVE COURSES IN THE REGION
- ENJOY A SCENIC HORSEBACK RIDE
- LEARN HOW TO ROCK CLIMB WITH ONE OF CANMORE'S WORLD-CLASS GUIDES
- TREAT YOURSELF TO AN EPIC HELICOPTER RIDE
- COOL OFF IN OUR GLACIER-FED WATERS FLOATING, CANOEING, RAFTING OR SUPING

## ARTS & CULTURE

- DISCOVER THE CANMORE MUSEUM
- CHECK OUT WHAT'S HAPPENING AT ARTSPLACE IN DOWNTOWN CANMORE
- FIND AND VISIT ALL ELEVEN GALLERIES IN DOWNTOWN CANMORE
- VISIT A LOCAL ARTISTS' STUDIO FOR AN INSPIRING TOUR

## FAMILY FUN

- TAKE A STROLL ALONG THE POLICEMAN'S CREEK BOARDWALK IN DOWNTOWN CANMORE
- BIKE THE LEGACY TRAIL BETWEEN CANMORE AND BANFF
- TRY AN OUTDOOR ESCAPE ROOM WITH MYSTERY TOWN TOURS
- DRESS UP AS A COAL MINER AT THE CANMORE MUSEUM
- BOOK A PONY OR WAGON RIDE
- HIRE A GUIDE AND CATCH A FISH IN THE BOW RIVER

## WINTER ADVENTURES

- RENT A FAT BIKE OR SKIS AND EXPLORE THE TRAILS
- CLIMB A FROZEN WATERFALL WITH ONE OF CANMORE'S OUTSTANDING GUIDES
- BOOK AN ICE WALK AND WATCH ICE CLIMBERS FROM BELOW
- RENT SKATES AND GLIDE ACROSS THE NATURAL ICE ON THE DOWNTOWN CANMORE POND OR MANY LOCAL LAKES
- BE A LOCAL AND CHEER ON THE HOME TEAM AT A CANMORE EAGLES HOCKEY GAME

## RAINY DAYS

- CHECK OUT ELEVATION PLACE FOR A WORKOUT, SWIM, CLIMBING WALL OR ART GALLERY AND LIBRARY!
- TASTE LOCALLY MADE CRAFT BEERS AND SPIRITS AT MULTIPLE BREWERIES AND DISTILLERIES
- GO WHITEWATER RAFTING (YOU'LL GET WET ANYWAY!)
- WALK THE DOWNTOWN AREA TO EXPLORE THE MANY BOUTIQUES, ARTISANS AND GALLERIES



## Explore Canmore's Vibrant Downtown

Experience a downtown unlike any other. Peruse the local shops featuring eclectic wares, experience a world-renowned dining scene sure to tickle your taste buds, sip on local suds, and explore all of the amazing experiences that Downtown Canmore has to offer, all while taking in the incredible 360° views of the towering Rocky Mountains.

Indulge in a little bit of R&R — feel your stress melt away at a day spa, enjoy our world-renowned restaurant scene, and end your day in one of our hotel accommodations. It's an experience you can't get anywhere else. Experience the Canadian Rockies and **#lovedowntowncanmore**.



## Walkable Main Street

Main Street will be a pedestrian and cyclist-only space from **May 15 until October 15**. Free parking is available in the gravel lot behind Elevation Place. From there it is just a short stroll. On the way, don't forget to take pictures of the Big Head, Policeman's Creek and the original Northwest Mounted Police Barracks.



#### Park & Walk to Downtown Canmore

- Free parking at Elevation Place, 700 Railway Ave., Canmore
- · For more parking information visit, canmore.ca/parking



## Unforgettable. Guaranteed.

A vibrant town nestled amidst the dramatic rocky peaks of Kananaskis Country and brilliant turquoise glacier-fed rivers. Canmore and Kananaskis offer an incredible variety of things to do for a surprisingly diverse range of visitors. Let's go!

## **Year-Round Experiences**



Active by Nature leads hikes and Nordic walking tours in the heart of the Canadian Rockies. Walks are conducted on the town's recreational trail system, featuring spectacular scenery and opportunities for out-in-theopen wildlife viewing.

Active by Nature (403) 688-1817 activebynaturecanmore.ca



Whisked away from your accommodations in a luxury SUV, your unforgettable Canadian Rockies Experience begins. Private sightseeing, guided hiking, snowshoeing and ice walk tours are delivered with a hint of luxury by guides who call the mountains home.

Canadian Rockies Experience (403) 708-2164 canadianrockiesexperience.com



Mystery Towns 1 (833) 609-0989 mysterytowns.com Get the app. Solve the clues. Unlock the adventure! Just like a giant outdoor escape room, we take you on a clue-solving scavenger hunt and race against the clock. It's more than just a tour – it's a brain-teasing voyage of discovery. All you need is a phone and your friends!



Enjoy the best in casino gaming just 15 minutes east of Canmore at Alberta's most unique casino located in the Rocky Mountains. From more than 250 of your favourite slot machines to a range of the most popular table games and off-track, the Stoney Nakoda Resort & Casino has a game for you!

#### Stoney Nakoda Casino 888 Nakoda Way, Kananaskis (403) 881-2830 stoneynakodaresort.com/casino



Explore Canmore with an audio walking tour! Your phone becomes your tour guide as you walk a portion of the Bow Valley Trail & Policeman's Creek Boardwalk before heading downtown to learn about the Canmore Hotel, Miners Hall, Big Head Sculpture & more!

Tripvia Tours 1 (866) 874-7842 tripvia.tours/canmore-audio-walking-tour

#### Alberta Food Tours

1 (888) 211-2206 albertafoodtours.ca

#### **Alpine Helicopters**

91 Bow Valley Tr., Canmore (403) 678-4802 **alpinehelicopters.com** 

#### **Barks Canada Tours**

barkscanada.ca

#### **Boundary Ranch**

2 Guinn's Road, Highway 40, Kananaskis 1 (877) 591-7177 **boundaryranch.com** 

#### **Buffalo Stone Woman**

(403) 801-9024 buffalostonewoman.ca

#### **Canmore Cave Tours**

129 Bow Meadows Crescent, Canmore (403) 678-8819 canmorecavetours.com

#### **Canmore Climbing Gym**

1404 Railway Avenue, Canmore (403) 675-2406 canmoreclimbinggym.ca

#### Flow Mountain Bike Adventures

(587) 433-5189 flowbikeadventures.com

Get Outside (403) 478-1331 getoutsideadventures.ca

#### Kananaskis Outfitters

1 Mt. Sparrowhawk Cres., Kananaskis (403) 591-7000 **kananaskisoutfitters.com** 

#### **Paramount Guides**

743 Railway Ave #104, Canmore (403) 875-4964 paramount-guides.com

#### **Trail Sports**

2003 Olympic Way, Canmore (403) 678-6764 trailsports.com

#### TryBiathlon

1988 Olympic Way, Biathlon Stadium, Canmore (403) 679-8788 canmorebiathlon.ca/trybiathlon-2

#### Yamnuska Mountain Adventures

200, 50 Lincoln Park, Canmore (403) 678-4164 **yamnuska.com** 

#### Yamnuska Wolfdog Sanctuary

263156 Range Rd 53, Rocky View County (587) 890-WOLF (9653) yamnuskawolfdogsanctuary.com

## Summer Experiences



Bow Valley Canyon Tours 1 (877) 554-0116 bowvalleycanyoning.ca Our passion at Bow Valley Canyon Tours is providing unparalleled outdoor experiences. We have handpicked some of the best canyoning experiences you'll find in western Canada. Perfect for families and beginners, our exciting summer canyoning trips include waterfalls, rappels, slides, and jumps. We also run winter ice-canyoning trips.



Mahikan Trails (403) 679-8379 mahikan.ca Join Mahikan Trails guides on a once-in-a-lifetime cultural experience. Walk with us as we teach you about Medicines that can be found locally in the boreal forests around Canmore. We are a Cree Iroquois familyowned business sharing our knowledge!

#### **Banff Canmore Ghost Walks**

(403) 760-5007 banffcanmoreghostwalks.ca

#### **Cowley's Rafter Six Ranch**

Exit #114, Ranch Road East, Kananaskis (403) 673-3622 **raftersix.com** 

#### **High Camp Banff Tours**

(289) 969-3179 highcampbanff.com



#### Canmore Mountain Market

May 26 - October 6, 2022 (Thursdays) Location: Elevation Place parking lot

### Wellness

#### **Back At It Sports & Wellness**

108A, 1205 Bow Valley Trail, Canmore (403) 688-1561 **backatitwellness.com** 

#### **Float Canmore**

103, 1002 8th Ave., Canmore (403) 678-1207 floatcanmore.com

#### Mobile Massage Canmore

(587) 419-0803 mobilemassageyeg.com

#### Rocky Mountain Rehab & Sports Medicine Clinic

12, 801 8 St., Canmore (403) 678-6205 rockymountainrehab.ca

#### WildHeart Canmore

102, 804 6 Ave., Canmore (403) 675-0722 wildheartcanmore.com

### On the Water



Big mountain views, cool glacial waters, forests, valleys and unique wildlife; all from the perspective of the river. Great for all ages and perfect for first-time rafters, Canmore Raft Tours offers two family-friendly river float options leaving right from downtown Canmore.

Canmore Raft Tours 829 8 St., Canmore 1 (888) 748-3770 canmorerafttours.com



Canmore Canoe (403) 678-2628 canmorecanoe.com

#### Bow Valley Stand Up Paddleboarding and Surf

511 Bow Valley Trail at The Coast Hotel, Canmore (403) 707-7202 **bowvalleysup.ca** 

Canmore Inflatable Canoe Tours offers two unique river tours in their 16' stable and user-friendly inflatable canoes. All the equipment, safety brief, and paddling instruction are included before heading down river with a qualified and experienced guide.

#### **Canadian Rockies Rafting**

909A Railway Ave, Canmore (403) 678-6535 **rafting.ca** 

#### **Canmore Fishing Adventures**

(403) 678-0111 canmorefishingadventures.com

#### **Chinook Rafting**

215 Banff Ave., Banff 1 (866) 330-7238 chinookrafting.com

#### Wapiti Sports & Outfitters

1506 Railway Ave., Canmore (403) 678-5550 wapitisports.com

## Golf



With views of some of the most spectacular scenery on earth, Silvertip Resort may be the single most breathtaking mountain golf course in the world. Bordering two wildlife corridors, guests are regularly rewarded with the viewing of a wide variety of Canadian Rocky Mountain wildlife.

Silvertip Resort 2000 Silvertip Trail, Canmore 1 (877) 877-5444 silvertipresort.com

#### Brewster's Kananaskis Ranch Golf Course

Ranch Road, Highway 1X, Seebe (403) 673-2700 **brewstersgolf.com** 

#### **Canmore Golf & Curling Club**

2000 8 Ave., Canmore (403) 678-5959 canmoregolf.net

#### CanGOLF

125B-306 Bow Valley Trail, Canmore (403) 679-2626 cangolf.ca

#### Kananaskis Country Golf Course

1 Lorette Drive, Kananaskis (403) 591-7070 **kananaskisgolf.com** 

#### **Stewart Creek Golf Course**

4100 Stewart Creek Drive, Canmore (403) 609-6099 **stewartcreekgolf.com** 

## **Year-Round Rentals**

#### Kananaskis Outfitters

1 Mt. Sparrowhawk Cres., Kananaskis (403) 591-7000 **kananaskisoutfitters.com** 

#### Pedego Electric Bikes

109, 712 Bow Valley Trail, Canmore (403) 675-3900 **pedegoelectricbikes.ca** 

#### **Rebound Cycle**

902 8 St., Canmore (403) 678-3668 **reboundcycle.com** 

#### **Sports Experts Canmore**

100, 1080 Railway Ave., Canmore (403) 609-3030 canmoreskirentals.com

#### Trail Sports 2003 Olympic Way, Canmore (403) 678-6764 trailsports.com

# What's winter without a little wonder?

As fresh snow blankets the mountain tops, a season of endless outdoor adventures and cozy evenings has arrived in Canmore and Kananaskis. Look forward to waking up each day with wide-eyed wonder. Canmore and Kananaskis really come to life once the snow starts to fall.

- Canmore and Kananaskis have hundreds of kilometres of cross-country ski trails suitable to all ski levels and techniques. Cross-country skiing will quickly become your new favourite winter activity.
- Snowshoeing is a great way to get outside and explore our area in the winter. The Canmore Nordic Centre has a dedicated loop and there are many beautiful trails in Kananaskis Country suitable for snowshoeing.
- Extra-large tires, hand warmers, and strange frames are some of the signatures of a fat bike

   a relatively new cycling trend that has quickly become a must-try winter sport.
- New to winter activities? Contact our partners listed in this guide to get the lay of the land.

#### **Canmore Eagles Hockey**

1900 8 Ave, Canmore (403) 678-1855 **canmoreeagles.ca** 

#### **Howling Dog Tours**

105, 712 Bow Valley Trail, Canmore 1 (877) DOG-SLED howlingdogtours.com

#### Mad Dogs & Englishmen Sled Dog Expeditions

113, 302 Old Canmore Road, Canmore 1 (877) 662-3364 maddogsexpeditions.com

#### Nakiska Ski Resort

2 Mt. Allan Drive, Kananaskis 1 (800) 258-7669 skinakiska.com

Pledge to the Peaks

I acknowledge that I travel, explore, and play in the Treaty 7 Territory region of Southern Alberta. Treaty 7 encompasses the traditional lands of the Îyârhe Nakoda Nations of Chiniki, Wesley, and Bearspaw, the Tsuut'ina First Nation, the Kainai, Siksika, and Piikani Nations of the Niitsitapi (Blackfoot) Confederacy, and Métis Nation of Alberta, Region III.

I promise to honour and celebrate the land, history, and habitants of this sacred space, for I am a guest in their home.

I will do this by:

- Respecting the local culture, exploring with an open mind and gentle heart.
- Sharing the space, showing care and consideration for others.
- Treading lightly, leaving no trace behind.
- Gathering memories rather than momentos, leaving rocks, plants, and artifacts in place.
- Watching wildlife from a distance, keeping myself and the animals—safe.
- Preparing for my adventures, respecting the mountains and my abilities.
- Travelling mindfully, being kind to all people, wildlife, and plants.

I pledge to preserve and protect these peaks now and for future generations.



#### SHARE YOUR SIGNED PLEDGE WITH US!

Take a photo of your signed pledge and share it with us using **#pledgetothepeaks** for a chance to have your photo featured on **@canmorekananaskis** 

CANMORE IS A SPECIAL PLACE, SURROUNDED BY THE PROTECTED LANDS OF KANANASKIS AND BANFF NATIONAL PARK.

WE INVITE YOU TO FOLLOW THE PLEDGE TO THE PEAKS TO CARE FOR THE LAND, ANIMALS AND PEOPLE OF CANMORE AND KANANASKIS FOR GENERATIONS TO COME.



# Happy hours and even happier nights.

Our chefs are inspired by their mountain surroundings and the adventurous lifestyle. From mountain casual dining to nourishing meals fit for Olympians and everything in between.



Canmore's Premier Entertainment Provider. The Drake Pub is located at the entrance to Main Street. A local's favourite, the Pub is best known for quality casual fare, friendly service and good times.

#### Drake Public House 909 Railway Ave, Canmore (403) 675-2206 drakepub.ca



Canmore is the birth place of Rocky Mountain Flatbread an award winning family restaurant serving the best pizza, pasta, salad & desserts to "live for." Open for lunch & dinner 7 days a week. Features include: Traditional wood fired pizza oven, Open kitchen, Patio

#### Rocky Mountain Flatbread Co.

1, 838 10 St., Canmore (403) 609-5508 rockymountainflatbread.ca



Welcome to Stoney Nakoda Resort & Casino's premier dining room with a focus on fresh local ingredients with a Indigenous flare. From casual daily specials to fine dining, discover The Ridge for all your dining choices.

#### The Ridge at Stoney Nakoda Resort & Casino

888 Nakoda Way, Kananaskis (403) 881-2830 stoneynakodaresort.com/dining/the-ridge



Experience the Sensory Restaurant and Lounge. The restaurant gives our guests a 180 degree view of the stunning mountain landscape. Enjoy elevated fine dining in a relaxed but fun environment. Experience Canadian cuisine highlighting fresh farm to fork ingredients. The cozy lounge offers a more comfort food menu, signature cocktails, craft beers, and an extensive wine list.

#### The Sensory Restaurant and Lounge

101, 300 Old Canmore Road, Canmore (403) 812-0837 **thesensory.ca** 



Sidelines is your spot for fun times in the Stoney Nakoda Casino. Hosting daily drink and food specials makes it Kananaskis' favourite sports bar. With 15 big screen TVs to catch the game or place your bets on off-track betting, Sideline's provides the excitement.

#### Sidelines Lounge at Stoney Nakoda Resort & Casino

888 Nakoda Way, Kananaskis (403) 881-2830 stoneynakodaresort.com/dining/sidelines-lounge



Nestled within the Malcolm Hotel, you'll find the Stirling Lounge & Grill. The Grill features classic cuisine with a modern twist. The Lounge features a variety of dishes from the Scottish inspired to contemporary comfort food. Enjoy a casual dining experience with views of the Three Sisters mountains from the Creekside patio.

Stirling Lounge & Grill 321 Spring Creek Drive, Canmore (403) 812-0690 malcolmhotel.ca/dining

#### Indian Authentic Cuisine

F-1702 Bow Valley Trail, Canmore (403) 678-3365 indianauthenticcuisine.ca

#### **Rustica Steakhouse**

2000 Silvertip Trail, Canmore (403) 609-6701 silvertipresort.com/dining

#### Sandtraps at The Canmore Golf and Curling Club

2000 8 Ave., Canmore (403) 678-5959 canmoregolf.net

#### Sauvage

633 10 St, Canmore (403) 609-0583 sauvagerestaurant.ca

#### Smittys Chiniki Village & Chiniki Cultural Centre

TransCanada Hwy & Morley Road (exit 131), Morley (403) 881-2056 **smittys.ca** 

#### Stoney's Bar and Patio

2000 Silvertip Trail, Canmore (403) 609-6702 silvertipresort.com/dining

#### Tavern 1883 Kitchen + Bar

709 9 St., Canmore (403) 609-2000 **tavern1883.com** 

#### The Grizzly Paw Pub

622 8 St., Canmore (403) 678-9983 **thegrizzlypaw.com** 

#### The Iron Goat Pub & Grill

703 Benchlands Trail, Canmore (403) 609-0222 **irongoat.ca** 

## **Cafés & Prepared Meals**



Serving fresh, healthy, and affordable meals in a vibrant atmosphere. Our Pad Thai has a loyal following and the "Buddha Bowls" are a local favourite. For breakfast, lunch, and dinner choose dine in, patio, or take away with easy online ordering. Corner of 10 St. & 6 Avenue Downtown Canmore.

**Communitea Café** 1001 6 Ave., Canmore (403) 688-2233 **thecommunitea.com** 

#### **Cornerstone Café**

1988 Olympic Way, Canmore (403) 679-4039 cateringwithcornerstone.com

#### **Eclipse Coffee Roasters Café**

102, 817 8 St., Canmore (403) 675-2221 eclipsecoffeeroasters.com

#### Lovely Ice Cream

105 Bow Meadows Crescent #156, Canmore (403) 493-2774 **myhelcimstore.com** 

#### The Mad Dog Café & Market

113, 302 Old Canmore Road, Canmore (403) 679-7728 **themaddogcafe.ca** 

#### The Pulse Coffee Bar & General Store

325 Spring Creek Drive, Canmore (403) 675-1115 **pulsegeneralstore.com** 

## **Brewery & Distilleries**



Experience a wide variety of Canmore and the Bow Valley's finest craft beer, distilleries, authentic foods and exclusive brewery access! Take in the amazing Rocky Mountain views as we transport you to and from our stops and listen to the stories that our guides share with you!

#### **Canmore Brewery & Distillery Tours**

829 8 St., Canmore 1 (888) 748-3770 canmorebrewerytours.com

#### **BLAKE Brewhouse & Distillery**

810 Bow Valley Trail, Canmore (403) 675-3663 **blakecanmore.com** 

#### **Canmore Brewing Company**

1460 Railway Ave., Canmore (403) 678-BEER (2337) canmorebrewing.com

#### The Grizzly Paw Brewery & Tank310

310 Old Canmore Road, Canmore (403) 678-2487 **thegrizzlypaw.com** 

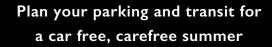
#### Wild Life Distillery

160, 105 Bow Meadows Cr., Canmore (403) 678-2800 wildlifedistillery.ca



## Explore more, stress less

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Ride Canmore Local (Free Transit)



Take Canmore-Banff Regional into Banff and beyond

All buses are equipped with bike racks



- F Roam Public Transit
- 🕨 @roamtransit
- @roam\_transit

roamtransit.com



## "Where'd you get that?"

Our merchants have curated shopping experiences that are not found anywhere else.

#### Alberta's Own Marketplace

105, 826 8 St., Canmore (403) 675-0800 albertasownmarket.com

#### **Ammonite Factory**

1350 Railway Ave, Canmore (403) 678-1786 **ammonite-factory.com** 

#### Angry Bear Growlers

105, 304 Old Canmore Road, Canmore (403) 675-9910 **angrybeargrowlers.com** 

#### **Gear Up Sports**

1302 Bow Valley Trail, Canmore (403) 678-1636 gearupsport.com

#### Le Chocolatier

121, 701 Benchlands Trail, Canmore (403) 679-3351 **lechocolatier.ca** 

#### **Liberty Clothing**

1, 626 8 St., Canmore (587) 361-1130 **libertyclothing.com** 

#### **Mountain Mercantile**

104, 737 8 St., Canmore (403) 678-6116 **mountainmercantile.ca** 

#### North Nik Home + Design

1205 Bow Valley Trail, unit #203, Canmore (403) 678-7378 northnik.com

#### O'Canada Soapworks

101 - 17 Limestone Valley Road Dead Man's Flats (403) 678-9942 ocanadasoapworks.com

#### P.S. Modern Canmore

(403) 493-0609 **psmodern.ca** 

#### **PROJECT A**

103, 710 8 St., Canmore (403) 609-9932 **project-a.shop** 

#### **Rooster Acoustics**

830 8 St, Canmore (403) 678-0023 roostersacoustics.ca

#### Shoes t' Boot

713 8 St., Canmore (403) 675-0017 **shoestboot.ca** 

#### The Pro Image Printing

(403) 763-2010 theproimage.ca

#### The Phone Experts

712C, 8 St., Canmore (403) 678-2525 **phoneexperts.com** 

#### The Sugar Pine Company

737 10 St., Canmore (403) 678-9603 **thesugarpine.com** 

**The Tin Box** 101, 637 8 St., Canmore (403) 678-9666 **thetinbox.ca** 

UnWined@3Sisters Wine, Beer & Spirits 102B Dyrgas Gate, Canmore (403) 679-2306 3sistersunwined.ca

## Phones are everything. But people are people.

That's why we're here.

WE ARE A MOBILE KLINIK AUTHORIZED REPAIR CENTRE



PHONE experts 712C 8 Street Canmore, AB T1W 2B6 403-678-2525 www.phoneexperts.com





## **Elevation Place.** Your Indoor Mountain Playground



## Escape the elements for an indoor adventure in the heart of the Rockies.

Hit our 5,000 ft<sup>2</sup> fitness area, reach new heights on our climbing wall, and unwind in our pool, hot tub, and steam room. Our world-class facility has affordable fun for all ages and abilities!

Check the schedule before your visit: canmore.ca/elevationplace

Elevation Place 100, 700 Railway Avenue Canmore AB T1W 1P4





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## The authentic mountain town.

Canmore Kananaskis is the perfect place to broaden your view on the world — and to see some of the best artists in Alberta up close.



Canmore Museum 902B 7 Ave., Canmore (403) 678-2462 canmoremuseum.com Located in the heart of our charming and historic downtown, the Canmore Museum and the NWMP Barracks Provincial Historic Site's collections, programs and exhibitions provide numerous opportunities to explore and experience our mountain culture, landscapes, and community.

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Welcome to the Carter-Ryan Gallery, home of Indigenous Artist Jason Carter, whose work in stone and canvas can be seen all over Canada. Surround yourself with bold, brilliant colours that depict the beauty of Alberta's landscape and see sculptures in Canadian Soapstone and Alabaster.

Carter-Ryan Gallery 705 8 St., Canmore (403) 621-1000 carter-ryan.com



Crock A Doodle Canmore is a paint your own pottery studio. Enjoy some creative time transforming ready-to-paint pieces into amazing works of art! We then professionally glaze and kiln-fire the pieces to a brilliant, shiny finish to become incredible souvenirs you will treasure forever. All ages, all abilities, all fun!

Crock A Doodle Canmore 109, 300 Old Canmore Road, Canmore (403) 675-4999 crockadoodle.com/canmore

#### Artists of Elk Run

Elk Run Industrial Park, Canmore artistsofelkrun.com

## artsPlace

950 8 Ave, Canmore (403) 609-2623 artsplacecanmore.com

#### **Avens Gallery**

101, 710 8 St., Canmore (403) 678-4471 **theavensgallery.com** 

#### **Elevation Gallery**

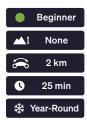
200, 729 8 St., Canmore (403) 609-3324 **hive-elevationgallery.com** 



# Prepare to be awe-struck.

Canmore and Kananaskis offers some of the most spectacular year-round hiking on the planet.

### **Bow River Loop**



The Bow River is a stunning emerald-green river with views of Mount Rundle and the famous Three Sisters Mountain Range.

#### Location

Park at the lot by the Bow River Bridge on Rundle Drive.

### **Heart Creek Trail**



This out-and-back trail is a very popular area for birding, hiking, and rock climbing. The trail is beautiful to visit anytime. Dogs are welcome, but must be on a leash.

#### Location

Off the Trans Canada highway just east of Lac Des Arcs, about 14 km east of Canmore.

## **Grotto Creek Canyon**



Grotto Canyon is a great hike for the whole family. The trail snakes its way through a narrow canyon with vertical rock walls and a waterfall.

#### Location

The trailhead is located in the Grotto Pond parking lot on HWY 1A.

## **Chester Lake**

	Moderate
	300 m
	9.2 km
0	3-4 hours
* `	Year-Round

A forested trail through beautiful alpine meadows and emerald waters of Chester Lake.

#### Seasonal Closure

May 1 - June 29

#### Location

Spray Lakes Road. Park at the Chester Lake Day Use area.

### **Prairie View Trail**



Early season accessibility and excellent views make this hike popular. Utilizing switchbacks, you reach the lookout for amazing views of both the prairies and Kananaskis mountains.

#### Location

Park at the Barrier Dam day use area.

### **Galatea Creek**



This is a strenuous hike past canyons and waterfalls with great views. The trail is popular for backpacking, birding and camping (camping permits required), and dogs are welcome but must be on leash.

#### Location

Right on Hwy 40, about 5km (3 miles) south of the Kananaskis Golf Courses.





# Biking that is above the ordinary.

Sure, you can go for a regular scenic bike ride, but also adrenaline-pumping mountain biking (naturally), and fat biking.

### **Canmore Nordic Centre**



Over 30km of single track trails as well as double track. Trails are graded from green to black skill level. Detailed trail map available from the day lodge. Mountain bike skills park, rentals and lessons available on site.

#### Location

1988 Olympic Way, Canmore

# Legacy Trail



A fantastic 27km link from Canmore to Banff. Enjoy 20km of paved pathway that continues to the Canmore Nordic Centre. Head back to Canmore on the trail or use Roam public transit.

#### Location

The trailhead is located across from the Travel Alberta Visitor Information Centre, found at 2801 Bow Valley Tr, Canmore.

# **Three Sisters Pathway**



The pathway connects Canmore town centre to the Three Sisters neighbourhood to the east. The trail is a mostly-paved, multi-use pathway shared by walkers, runners and cyclists.

#### Location

West access, Canmore's Mineside parking lot. East access, Three Sisters Mountain Village at Stewart Creek Landing pavilion.

# **Highline Trail**



Expect plenty of climbing along this narrow and technical trail as it winds its way up elevated slopes high above Peaks of Grassi.

#### Location

Main access is from the Quarry Lake parking lot. <u>Please note</u>: Not recommended for beginners.

# **High Rockies Trail**



Follow the point-to-point trail heads located at Driftwood, Buller Mountain and Sawmill Day Use areas to eventually cross the Alberta-B.C border at Elk Pass.

#### Location

You can access this trail from multiple locations.



# Are we there yet?

From hotels and resorts to lodges and B&Bs - in Canmore and Kananaskis, we have all kinds of accommodations. No matter what kind of trip youand your friends and your family—are planning, we've got you covered.



# A Bear and Bison Country Inn

### 705 Benchlands Trail, Canmore (403) 678-2058 abearandbisoninn.com

This custom owner-built Canadian Mountain Inn features Bed and Breakfast style hospitality, specializing in group events, as well as individual guest stays, offering only luxurious King beds with in-room tubs, rain showers and mountain views from every room. Our famous 3-course crystal and china served hot breakfast, with free in-room delivery is included.



### **Basecamp Lodge**

#### 1002 Bow Valley Trail, Canmore 1 (855) 219-4707 basecampresorts.com/canmorelodge

Basecamp Lodge prides itself on its log cabin ambiance, complete with a wood-burning fireplace in the lobby lounge, a beautiful cedar sauna and complimentary continental breakfast. Rooming options include a variety of Kings, Queens and Suites, and each room is equipped with locally made bath products from Rocky Mountain Soap Co, Keurig coffee machines, high speed Internet, Telus Optik TV and movie channels. The Lodge also has a 50-person conference space with panoramic mountain views. Conveniently located within walking distance to Main Street and offering contactless check in, Basecamp Lodge is an intimate boutique hotel experience not to be missed.



# **Basecamp Resorts**

### 1102 Bow Valley Trail, Canmore 1 (855) 219-4707 basecampresorts.com/canmore

Basecamp Resorts is your home away from home, offering a re-interpretation of the traditional mountain dwelling. Each modern suite includes a personal entrance, fully equipped kitchen, washer and dryer, living room, dining area, linens, towels and a shared BBQ area. The shared rooftop hot tub provides the most epic mountain views. Located within walking distance from downtown Canmore's shops and restaurants and offering contactless check in, this hotel boasts a selection of rooming options.



### **Blackstone Mountain Lodge**

### 170 Kananaskis Way, Canmore 1 (888) 830-8883 blackstonelodge.ca

Located in breathtaking Canmore, Alberta, Blackstone Mountain Lodge by Clique adds a dash of urban polish to the untamed spirit of the Canadian Rockies. Delight in the unsurpassed comfort and sophistication of Canmore's finest condo-style hotel – an elegant getaway equally suited for family vacations, romantic escapes and group retreats. The Blackstone Mountain Lodge features 24-hour guest services, daily housekeeping, a year-round outdoor heated pool with two outdoor hot tubs, a fitness center, heated underground parking, meeting and banquet space along with Wi-Fi throughout the resort.



# **Canmore Creek House**

### 701 Mallard Alley, Canmore (403) 678-4597 vrbo.com/429159

Enjoy your private escape in this beautifully appointed, modern-yet-mountain boutique vacation rental. Located downtown, it is a secluded escape next to Canmore's shops, art galleries, mountain festivals and awardwinning cuisine. Imagine waking up to the quiet trickle of a babbling brook, surrounded by Egyptian cotton. Embrace the energy of the day from your private deck overlooking the town. In summer, enjoy the creek-side patio complete with the extra warmth from the fire pit.



### **Canmore Downtown Hostel**

#### 201, 302 Old Canmore Road, Canmore (403) 675-1000 canmoredowntownhostel.ca

The Canmore Downtown Hostel is a vibrant, modern hostel offering affordable accommodation in dormitories and private rooms. Located within the Shops of Canmore, it is steps away from numerous restaurants, cafés, liquor and convenience store. Walking distance from downtown, grocery stores, hiking trails and public transportation. Each bed in the dormitory has a curtain for privacy, a shelf and power outlets. The facility has rooms with private or shared bathrooms as well as private rooms. Every room offers mountain views. The hostel also has a fully equipped kitchen, a laundry room and a lounge with TV to hang out and make new friends.



# **Copperstone Resort**

### 250 2 Ave., Dead Mans Flats (403) 678-0303 copperstoneresort.com

Discover the most serene getaway in the Canadian Rockies at The Copperstone Resort. Located just five minutes outside Canmore, in the idyllic hamlet of Dead Man's Flats, our fully stocked condos are perfect for a quiet weekend away. We pride ourselves on being the most Pet Friendly resort in the Bow Valley, so no family members are left out! Your whole family can enjoy doorstep trails, our luxurious amenities which include a hot tub, gym and BBQ's and easy access into both Kananaskis and Banff National Park.



# **Creekside Villa**

### 709 Benchlands Tr., Canmore (403) 609-5522 creeksidevilla.ca

Welcome to our place! Tucked away in the heart of the Canadian Rockies, we open our home to visitors looking for a personalized stay with all the attention and comfort of a first-class hotel. Our restaurant Devil's Table, located on-site, brings our small mountain town a piece of island life with authentic Caribbean food and fresh cocktails. At Creekside Villa, you will find either all the peace and quiet that contrasts to your everyday stress or all the action and adventure you could hope for. Our home in the Canadian Rockies is yours too. Your hosts, Carolyn and Marcus.



# Falcon Crest Lodge

### 190 Kananaskis Way, Canmore 1 (866) 609-3222 falconcrestlodge.ca

Falcon Crest Lodge by Clique offers a "Home Away from Home" experience. Our top rated resort features well- appointed guest rooms and one and two bedroom vacation style condominiums equipped with full kitchens, living areas with fireplaces, and private balconies with BBQs. Enjoy mountain views from your suite or from one of our two outdoor hot tubs. Enjoy 24-hour guest services, daily housekeeping, complimentary WiFi, meeting room and heated underground parking. Come discover why guests say we are "Soaring to New Heights in Hospitality."



# Holiday Inn Canmore

### 1 Silvertip Trail, Canmore (403) 609-4422 ihg.com/holidayinn

After an exhilarating day in the mountains, you can return to the comfort of the Holiday Inn®. Situated off the Trans-Canada Hwy and near downtown Canmore Alberta, this hotel is located five minutes from the Banff National Park gates. If you are in town for business, meeting or conference, the hotel's free Wi-Fi and 24-hour business center help you keep in touch with the office, while the four spacious meeting rooms serve as wonderful event venues. After an action-packed day, you can unwind in the outdoor whirlpool with a view to the Three Sister Mountains and Dine at the Great Sign restaurant delivering an unforgettable food experience.



# Lamphouse Hotel

### 610 8 St., Canmore 1 (855) 219-4707 Iamphousehotel.com

A boutique hotel for the modern mountain adventurer located in the heart of downtown Canmore, with its unique location directly on Main Street. The rooms showcase a modern mountain design aesthetic with unique artwork, 55" inch flat screen TVs, Nespresso coffee machines, locally sourced amenities from Rocky Mountain Soap Co., high speed internet, Stearns and Foster top-of-the-line mattresses and more. The hotel offers a beautiful shared outdoor hot tub, personal entrances to each guest room, contactless check-in, and most importantly, unparalleled views of Canmore's epic mountain ranges.



# Mount Engadine Lodge

### 1 Mount Shark Road, Kananaskis (587) 807-0570 mountengadine.com

Discover Mount Engadine Lodge in the beautiful Canadian Rockies for a quiet retreat in the heart of Kananaskis Country. From the dining room windows, the Rocky Mountains rise sharply across Moose Meadows, a natural habitat for many of the region's animals and birds. It is not uncommon to see bald eagles, moose, coyotes and owls passing through. In this intimate setting, enjoy gourmet meals (meals included), a cozy family atmosphere, fresh air and spectacular scenery. Come enjoy a quiet escape from the city.



# Paintbox Lodge

### 629 10 St., Canmore (403) 609-0482 paintboxlodge.com

The Paintbox Lodge is a fancy, not-so-fancy, Olympianowned, award-winning boutique hotel in Canmore. Nestled in the heart of downtown Canmore, guests enjoy house-made and from-scratch breakfast, anchored by our sourdough loaf and homebrewed Kombucha. Town bikes and hammocks are complimentary. See what is Cooking @ The BOX, including chef-hosted, demo-and-dine kitchen parties and private events.



### **Quality Resort Chateau Canmore**

### 1718 Bow Valley Trail, Canmore (403) 678-6699 chateaucanmore.com

The Quality Resort Chateau Canmore is ideal for business or pleasure. Outdoor lovers will enjoy the many options for recreation including skiing and snowboarding at 4 major ski areas, hiking, biking, and snowshoeing and golfing. Enjoy our indoor swimming pool, and well-equipped gym. Guests will feel right at home with in-room fireplaces, comfortable and spacious seating areas, refrigerators, microwaves, coffee makers, and sofa sleepers. Enjoy quality and comfort.



### Rundle Cliffs Lodge -Spring Creek Vacations

### 375 Spring Creek Drive, Canmore (403) 678-5108 springcreekvacations.com

Bordered by two creeks and surrounded by the inspiring views Canmore is famous for, Rundle Cliffs' impressive rundle stone entrances offer a fitting prelude to the luxury within. Book at Rundle Cliffs Lodge and discover your home away from home. Nestled in the heart of the Rocky Mountains, our Canmore vacation rentals have several luxurious amenities so you can comfortably relax during your mountain getaway. Each rental suite is fully equipped with everything that you'll need.



### **Stoneridge Mountain Resort**

### 30 Lincoln Park, Canmore 1 (877) 675-5001 stoneridgeresort.ca

Experience breathtaking views of the Rockies at the newly refurbished Stoneridge Mountain Resort. Choose from luxurious one, two, or three-bedroom vacation condominium suites, including fully equipped gourmet kitchens, gas fireplace, and a Napoleon BBQ on your own private deck or patio. Canmore's top-rated hotel offers 24 hour guest services, daily housekeeping, year round outdoor heated pool and hot tub, meeting facilities, wireless high-speed internet, HD on demand movies, fitness centre, and heated underground parking. The Black Dog Café offers a wine bar serving Rave coffee, healthy fare, and decadent desserts.



## Stoney Nakoda Resort & Casino

### 888 Nakoda Way, Kananaskis (403) 881-2830 stoneynakodaresort.com/rooms

Comfortable, spacious and beautifully appointed are the best ways to describe this accommodation in Kananaskis. Whether you're getting away with the family or sneaking off for a romantic escape, you won't find a more beautiful setting. Our guest rooms and suites offer stunning views of the sunrise or surrounding Canadian Rocky Mountains. Deluxe amenities such as complimentary room service, plush duvets and pillows, enhanced workstations and TV/ Internet service. Pet-friendly rooms available.



# Tamarack Lodge

### 1010 Spring Creek Drive, Canmore (403) 678-5108 springcreekvacations.com

Only minutes away from Canmore's downtown area, these Canmore vacation rentals promise luxurious accommodation and an unforgettable getaway. Spacious vacation rental condominiums range from one to two-bedroom options, all with high-quality finishes and design. The Tamarack Lodge brings to life the best mix of modern and rustic mountain-living design. With comfortable, convenient, and well-designed options for any group, The Tamarack is perfect for families or couples looking for a fun mountain adventure. Be at the heart of it all and stay in Spring Creek Vacations' Tamarack Lodge. Reserve your dates for an unforgettable mountain retreat to Canmore, Alberta.



# The Drake Inn

### 909 Railway Ave., Canmore (403) 678-5131 drakeinn.com

Canmore's prime downtown accommodation. The Drake Inn is located at the entrance of Main Street and all rooms provide outstanding views at a great value to small groups, families, weddings and independent travelers. We provide free wireless internet, and 10% off meals at our onsite Pub & Restaurant. Creek-view balcony rooms include 2 queen beds, a bar fridge, and a private balcony. The Hospitality Suite sleeps 5 and has 2 private balconies.



# The Lodges at Canmore

### 107 Montane Road, Canmore (403) 678-9350 lodgesofcanmore.ca

A family-friendly all-suite condominium resort located in the magnificent Canadian Rockies, surrounded by extraordinary mountain backdrops and picturesque views. Offering 1, 2 and 3 bedroom fully furnished condominiums. Just minutes from Banff National Park and Kananaskis Country. Our year-round heated pool and three hot tubs are the place to relax after a long day out in the mountains. Call us for the best rates!



# The Malcolm Hotel

### 321 Spring Creek Drive, Canmore 1 (888) 570-0603 malcolmhotel.ca

The Malcolm Hotel is Canmore's crown jewel, Alberta's premiere four-star hotel experience. Offering modern luxury, world-class amenities, stunning mountain views and personalized service. Located in the heart of Spring Creek, with a 5-minute walk to Canmore's downtown shops and restaurants. Conference Center and meeting rooms for up to 300 people. Guests are sure to enjoy The Pulse General Store and Coffee Bar, and the Stirling Lounge & Grill, boasting a rustic, elegant ambiance with a splash of Scottish flair along with a creekside outdoor patio with gorgeous views of the Alberta Rockies.



### White Spruce Lodge -Spring Creek Vacations

### 905 Spring Creek Drive, Canmore (403) 678-5108 springcreekvacations.com

White Spruce Lodge is designed to capitalize on Canmore's signature mountain views. It is the perfect place to make lasting memories with family and friends. When you stay with Spring Creek Vacations, you'll enjoy a range of luxurious amenities during your Rocky Mountain getaway. Our vacation suites are fully equipped with everything you'll need, so you can feel right at home.

